About Us

News

AST Is Now An Affiliate Organization with Boston Children's Hospital Division of Sports Medicine

Our sports medicine experts have unparalleled experience that allows us to provide the highest quality health care based on specific needs of growing and adult athletes. When your organization becomes a Boston Children’s Hospital affiliate, your athletes gain direct clinical access to our world renowned experts in sports medicine. With locations in Boston, Lexington, Peabody and Waltham, specialized care is always within reach. Patients of Advanced Sports Therapy can receive:

- Preferred access to care via private contact line for our Affiliated Group Member Liaison or Call Center Triage clinician (weekdays 8 a.m. to 5:30 p.m.)
- Direct access for urgent appointments, evaluations and treatments
- Access to our Saturday Urgent Sports Medicine Clinic (open 9 a.m. to 3 p.m. September through May)
- Concussion clinics and baseline testing at our Boston, Lexington, Peabody and Waltham campuses
- Pre-participation physicals and injury prevention programs
- Specialized performance programs for runners and female athletes